

Stanly County Gymnastics 2025-2026 Season: Phone 704-983-2414

GIRLS RECREATIONAL SCHEDULE

Boys & Girls with Parent:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Toddle Star (18month-2yr)	4:45-5:30	5:30-6:15	5:20-6:05	10:15-11am 6:20-7:05	

Preschool/Developmental Girls

Little Star (3-4 years)	3:45-4:30 5:40-6:25	3:45-4:30 4:30-5:15	6:20-7:05	11:05-11:50 1:15-2:00 3:45-4:30 5:25-6:10	
COED Little Star	6:30-7:15			4:35-5:20	
Super Stars (5 yrs)	4:45-5:45 6:10-7:10	5-6:00	4:30-5:30 5:35-6:35	4:30-5:30 5:45-6:45	

Beginner Girls (6+ years)

Girls 1 (6-9 years)	4-5:00 4:35-5:35 5:05-6:05 5:45-6:45	4-5:00 5:05-6:05	5:35-6:35 6:15-7:15	5:05-6:05	4-5:00
Beginning Tumbling (Ages 6-9)	4:45-5:45	5:05-6:05	6:15-7:15		
Beginning Tumbling (Ages 10+)	6:10-7:10				

Intermediate Girls (Invitation ONLY)

Girls 2	5:50-6:50	5:30-6:30	4-5:00 5:05-6:05 6:15-7:15	4-5:00 5:05-6:05	5-6:00
Girls Gymnastics (10+ years)			5:20-6:20		
Girls 3	4:30-5:30		6:15-7:15	6:05-7:05	
Intermediate Tumbling (6-9 yrs)				5-6:00	
Intermediate Tumbling (10+ yrs)		5:40-6:40			

Advanced Girls (Invitation ONLY)

Jr. Girls 4 (5-8yrs)	5:40-7:10				
Girls 4 (7-10yrs)	4-5:30 5:35-7:05				
Sr. Girls 4 (10+)				5-6:30	
Advanced Tumbling		6:45-7:45			

Other Services:

Friday Night Fun Gym					6-9pm
Birthday Parties on Select Saturdays (see front desk for details and more information)					